

A TOOL TO IMPROVE THE QUALITY OF LIFE TO PEOPLE WITH ASD

Autismo España, a state confederation representing 76 organizations of the third sector promoted by relatives of people with ASD, is presenting an innovative project aiming to allow people with ASD to enjoy an optimal quality of life.

iCalidad is an evaluation system that helps people with ASD achieve their personal goals and design support schemes that make this possible, identifying what is important in terms of quality of life from the perspective of the own person with ASD, as well as from the perspective of other persons who are significant to them and are part of their entourage (mainly their family and the professionals working in the supporting institutions).

THE HIGHER THE QUALITY OF THE SUPPORTS, THE BETTER ARE THE LIVES BEHIND



OBJECTIVES

- To be informed on the progress in the investigation on the quality of life of people with ASD and on the implementation of good practices at an organisation level.
- To advance knowledge about the perspective that people with ASD have on their quality of life and the opinion of their family and of professionals in this regard.
- To develop a consensual model on the promotion of the quality of life of people with ASD, including relevant factors for the persons implicated and criteria that the services and support systems should collect in order to facilitate it.
- To propose a system of objective indicators addressed to the services and institutions related to ASD, in order to contrast the positive impact that they have on the quality of life of people with ASD that they assist.

HOW DOES iCALIDAD WORK?

- An integrated evaluation team is constituted by the person with ASD (with, if needed, a reference person), the family and a team of professionals.
- Each person answers a questionnaire, that has been designed through a system of objective indicators, while taking into account the different aspects of the Quality of Life Model introduced by Schalock and Verdugo (2007) (physical, material, emotional well-being, personal development, social inclusion, self-determination and rights).
- iCalidad comprehensively collects, systematizes and contrasts all the answers in a report, presenting the results differentiated by an informant and also aggregated.
- The evaluation team analyses the results and agrees on an individualized support plan.

WHICH BENEFITS DOES iCALIDAD BRING?

- Promotes the actual participation of the person with ASD in making decisions about his/her life.
- Helps set effective, participative and collaborative support processes.
- Promotes innovation and improvement within organisations, fostering support systems effectively based on the priorities of the person and on the achievement of personal goals that are important for him/her.

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